

ITALIAN SCIENTIFIC
SOCIETY CLINICAL
HYPNOSIS IN
PSYCHOTHERAPY
AND HUMANISTIC
MEDICINE

Newsletter

ENGLISH
EDITOR:
Maria Paola
Brugnoli



SIPMU

Societá Scientifica Italiana Ipnosi Clinica in Psicoterapia e Medicina Um<u>anistica</u>

n. 3 February 2023



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Letter from the Prsident SIPMU Dr. Maria Paola Brugnoli

SIPMU: THE WAY TO AN INNER SEARCH PERSONAL AND COLLECTIVE

Dear Friends and Colleagues who together have decided to walk with us down the road of hypnosis in psychotherapy and humanistic medicine and psychology, first of all a warm welcome greeting to all.

We have a lot of study projects, in continuity with those just passed, for these next 3 years 2023-2025. In this newsletter, I will introduce SIPMU with its 2023-2025 board, with all its committees, coordinators and its Italian sections, and I will also introduce our Italian and foreign honorary members with whom we are deepening and will deepen many interesting researches. We will illustrate all our projects, the projects of a team that with a lot of enthusiasm wants to grow and build for young people, who are our wonderful future.





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Letter from the President SIPMU Dr. Maria Paola Brugnoli

Through clinical hypnosis and humanistic medicine, the inner and collective search are an invitation, so that each person can progress first on his or her own individual path, on a path in the tangled forest of life, a forest that can be wonderful and full of surprises.

And on that path in the forest of life "wild and rugged and strong," on that path at first barely hinted at, on that path equal but different for everyone, I invite everyone to direct and conscious action, to personal discovery, to visitation and revisiting of one's inner self, both within the inner world and toward the collective world of our scientific and intellectual growth. Underlying it all is all of us together, human beings, with all the countless facets related to the fact that each being is unique and unrepeatable. And in this journey of inner knowledge both individually and collectively, we can find the joy of heart and life.



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Letter from the President SIPMU DR. Maria Paola Brugnoli

Joy in the heart makes us see all things with love,

And with that detachment necessary to never let ourselves be conditioned by the ephemeral,

by everything that does not serve to bring our consciousness up high, by everything that distances us from personal and collective evolution, the evolution of body, mind, soul, spirit.

Every moment of life lived with joy in the heart thus becomes a moment of great well-being and of great sharing with one's neighbor, with the other.

The personal vision expands, until it becomes a collective shared vision and universal, until it loses its defined contours, to become diluted withinour infinite individual and social consciousness.

This is my wish for all of us on our journey together.

Thank you all for your valuable collaboration

Maria Paola Brugnoli



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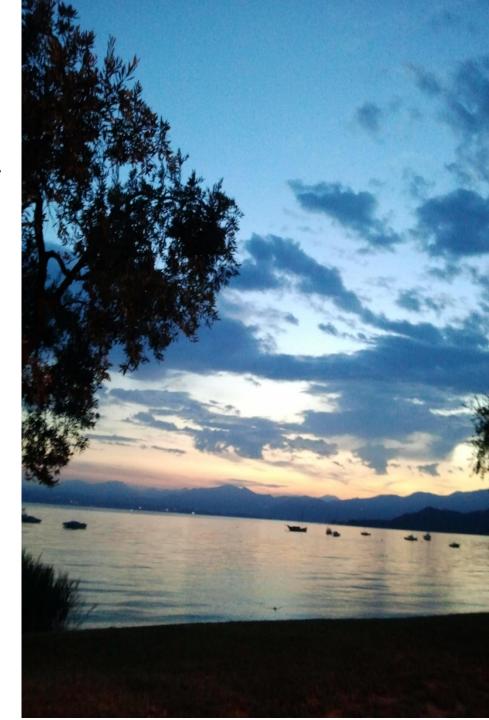


From the beginning of time, the sky was harmonious
And the colors possessed the earth In a great embrace of love.
Sitting at the edge of the sky
We watch together the symphony of colors, and the harmony of the clouds

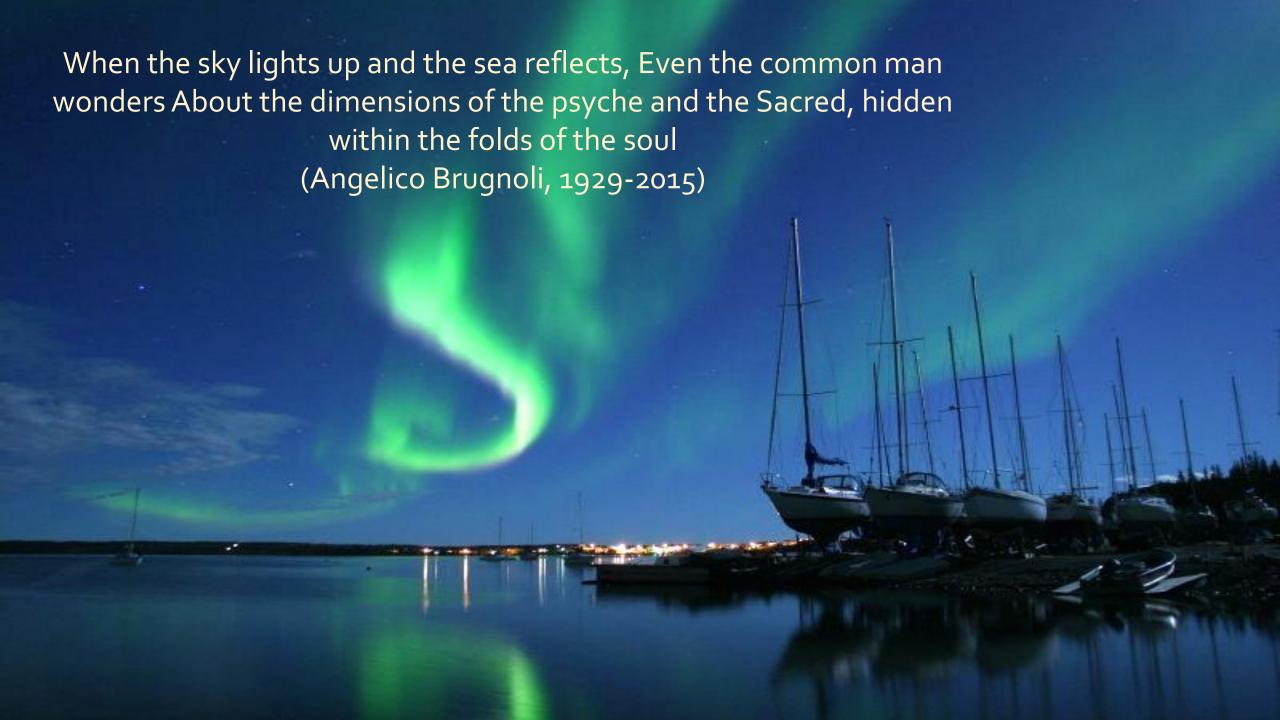
Embraced by the dying sun.
A spectacle that becomes real In every magical moment
Of the minute droplets in suspension In the air rich with silence, of creativity and imagination.

Where the embrace with the cosmos Is virtual and real at the same time, where breath becomes life, where knowledge becomes reality, where awareness opens new paths every day.

(Angelico Brugnoli, MD, 2013)







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Approval of the new BOARD OF DIRECTORS SIPMU 2023-2025

- The following serve on the SIPMU Board of Directors:
- the president,
- vice-president,
- treasurer,
- organizational secretary,
- director and deputy director of the scientific committee,
 and
- director of the ethics committee.
- Having an enlarged Board of Directors leads us to promote many new ideas for greater development in both teaching and research.



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society of Andrews and Medicine ESH SIPMU é una societá costituente di ESH

Approval of the new BOARD OF DIRECTORS SIPMU 2023-2025

• - PRESIDENT Dr. Maria Paola Brugnoli, Medical Surgeon, Spec. Anesthesia and Resuscitation, Pain Thérapy and Palliative Care, Pediatric Anesthesia, Psychogeriatrics, Neurobioethics, Hypnotherapist, PhD in Neuroscience, Psychology and Psychiatry; For 19 years she worked at the University of Verona, Départment of Anésthesia, Intensive Care and Analgesic Therapy. Coordinator of the Consciousness Research Subgroup at the Research Group in Neurobioethics, Department of Philosophy and UNESCO Chair of Bioethics and Human Rights, Regina Apostolorum Pontifical Athenaeum, Rome. In 2017 researcher at the U.S. government research center NIH National Institutes of Health, Clinical Center, Bethesda, MD, USA; former lecturer in clinical hypnosis at the School of Psychosynthetic Psychotherapy and Ericksonian Hypnosis (S.P.P.I.E.) "H. Bernheim" in Verona, Italy. ISH International Society of Hypnosis: ISH Committee Chairperson of Ethical Practice

https://www.ishhypnosis.org/administration/committees/ International SIPMU trainer recognized by the ESH European Society of Hypnosis; lives and works in Verona where he is COORDINATOR OF THE VERONESE SIPMU SECTION OF PAIN THERAPY AND HUMANISTIC MEDICINE.





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- VICE PRESIDENT Dr. Alessandro Norsa, Master's Degree in Clinical Psychology, Specialization in Psychotherapies, Hypnotherapist, Anthropologist, collaborates with studies and research in psychoanthropology at the University of Verona; Former lecturer in clinical hypnosis at The School of Psychosynthetic Psychotherapy and Ericksonian Hypnosis (S.P.P.I.E.) "H. Bernheim" in Verona; he is university lecturer at IUSVE University, Department of Psychology; Coordinator of the Neuroaesthetics Research Subgroup at the Research Group in Neurobioethics, at the Department of Philosophy and UNESCO Chair of Bioethics and Human Rights, Regina Apostolorum Pontifical Athenaeum, Rome. International SIPMU trainer recognized by ESH; Lives and works in Verona where he is COORDINATOR OF THE VERONESE SIPMU SECTION OF MODIFIED STATES OF CONSCIOUSNESS AND PSYCHOPATHOLOGY 'ANGELICO BRUGNOLI'.
- SIPMU TREASURY: Co-treasurers SIPMU
 Accountant Alberto Benetti, Verona, and Dr. Maria Paola Brugnoli



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SIPMU ORGANIZATIONAL SECRETARIAT

As of 2023, the SIPMU secretariat will take on the name of Organizational Secretariat and will be composed of a team of 5 people who will help the president and the board in contacts with members, online and in-person organization of events, and organization of refresher courses and symposia with CME in the three-year period 2023-2025. Together with the president, the organizing secretariat will also maintain international contacts with ESH **European Society of Hypnosis**



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SIPMU ORGANIZATIONAL SECRETARIAT

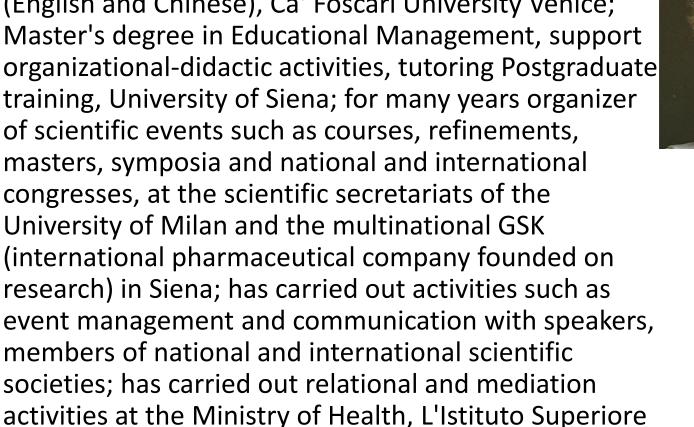
Dr. Angelica Brugnoli, mASTER degree in Languages (English and Chinese), Ca' Foscari University Venice; Master's degree in Educational Management, support organizational-didactic activities, tutoring Postgraduate training, University of Siena; for many years organizer of scientific events such as courses, refinements, masters, symposia and national and international congresses, at the scientific secretariats of the University of Milan and the multinational GSK

members of national and international scientific

di Sanità and WHO World Health Organization, for

national and international scientific projects of the

University of Milan and GSK. He lives in Siena, Italy.





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SIPMU ORGANIZATIONAL SECRETARIAT

- Dr. Giulia Pizzardo, Psychologist, Psychotherapist, Hypnotherapist, lives and works in Rovigo. Coordinator SIPMU SECTION OF ANALYTICAL PSYCHOTHERAPY AND HERICKSONIAN Hypnosis in Rovigo
- Dr. Giovanni Zanette, Surgeon, Psychotherapist, Hypnotherapist, lives and works in Verona. Coordinator VENETian SIPMU SECTION OF CLINICAL HYPNOSIS IN PSYCHOTHERAPY AND TRANSLATIONAL MEDICINE in Verona
- **Dr. Francesca Carandina,** M.D., Surgeon, Spec. Anesthesia and Resuscitation and Pain Therapy, Hypnotherapist, lives and works in Ferrara. Coordinator SIPMU SECTION OF INTEGRATED MEDICINE AND HYPNOSIS IN ALGOLOGY in FerraraDr.
- Giuseppe Barone, Surgeon, Spec. in Nuclear Medicine and Holistic Medicine, Hypnotherapist, Italian Red Cross Medical Captain, lives and works in Bologna. Coordinator SIPMU SECTION OF HUMANISTIC MEDICINE 'ANGELICO BRUGNOLI' in Bologna.







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SCIENTIFIC COMMITTEE

SCIENTIFIC COMMITTEE DIRECTOR: Dr. Andrea Fiorentini, Master's Degree in Clinical Psychology, Specialization in Psychotherapy and Neo-Ericksonian Hypnosis, Hypnotherapist; International SIPMU trainer recognized by ESH; lives and works in Milan where he is CO-COORDINATOR OF THE LOMBARDA SIPMU 'SECTION OF NEO-ERICKSONIAN PSYCHOTHERAPY'; lives and works in MILAN



VICEDIRECTOR SCIENTIFIC COMMITTEE Dr. Giovanni **Zanette**, Master's Degree in Medicine, Specialization in Psychotherapy and Neo-Ericksonian Hypnosis, Hypnotherapist and Consciousness Practices; HRV Analysis and Biofeedback, International SIPMU Trainer recognized by ESH; COORDINATOR OF THE VENETian SIPMU SECTION OF CLINICAL HYPNOSIS IN PSYCHOTHERAPY AND TRANSLATIONAL MEDICINE. Lives and works in Verona.





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ETHICS COMMITTEE ETHICAL COMMITTEE DIRECTOR:

Dr. ssa Emanuela Pasin, Master's Degree in Clinical Psychology with a Neuropsychological focus, Specialization in Psychotherapy with a Hypnological focus, Diplomate in Clinical Hypnosis at the Institut International d'Hypnose et de PNL in Nice; Specialization in Neuropsychology and Clinical Psychophysiology, University of Padua; Specialization in Person and People's Rights at the Faculty of Political Science, University of Padua; Expert in neuro-rehabilitation of neurological diseases, former head of the High Protection Alzheimer's Section at the core of the I. P.A.B., the Pieve di Breganze (Vi); Certified Instructor Diploma of Mental Training (AICS, Ass. Italiana Cultura Sport, recognized by CONI); former teacher of Hypnotic Psychotherapy at the School of Specialization in Psychosynthetic Psychotherapy and Ericksonian Hypnosis (S.P.P.I.E.) "H. Bernheim." He has published books and scientific papers indexed on PubMed; Lives and works in Verona.





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ETHICS COMMITTEE MEMBERS

Dr. Maria Paola Brugnoli, M.D., PhD Surgeon, Spec, Anesthesia and Resuscitation; Master's degrees in: Pain Therapy and Palliative Care, Psychogeriatrics and Psychogerontology, Pediatric Anesthesia, Acupuncture, Neurobioethics; Master's Degree in Integration of Western Medicine and Traditional Chinese Medicine; Doctorate in Neuroscience, Psychology and Psychiatry; Hypnotherapist; Past Research fellow at NIH National Institutes of Health, Clinical Center, Pain and Palliative Care, Bethesda, USA; Coordinator International, Interdisciplinary, Interreligious Research Subgroup on Consciousness at GdN Center for Research in Neurobioethics, UNESCO Chair of Bioethics and Human Rights, Regina Apostolorum Pontifical Athenaeum, Rome. Author of numerous scientific articles indexed on PubMed, and books on consciousness, clinical hypnosis and humanistic medicine. He lives and works in Verona, Italy.

Dr. Alssandro Norsa, Psychologist, Spec. Psychotherapy, Anthropologist, Hypnotherapist, Perfectionist in Neurobioethics, President SIPMU Italian Scientific Society of Clinical Hypnosis in Psychotherapy and Humanistic Medicine, Coordinator International, Interdisciplinary, Interreligious Research Subgroup in Neuroaesthetics at GdN Center for Research in Neurobioethics, UNESCO Chair of Bioethics and Human Rights, Regina Apostolorum Pontifical Athenaeum, Rome. Author of numerous scientific articles and books on consciousness, clinical hypnosis and humanistic medicine. Lives and works in Verona, Italy.



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ETHICS COMMITTEE MEMBERS

Prof. Father Alberto Carrara, Ph.D., M.D. Professor of PhilosophyCoordinator of the Research Group in Neurobioethics (GoN)member of the Pontifical Academy for Life (PAV); priest of the Congregation of Pontifical Right of the Legionaries of Christ, chemical-biological laboratory technician, Doctor of Medical Biotechnology, Doctor of Philosophy and Doctor of Theology; humanities studies at the College of Humanities Studies in Cheshire, Connecticut (USA); currently Visiting Professor of Philosophical Anthropology and Neuroethics at the Faculty of Philosophy of the Pontifical Athenaeum Regina Apostolorum in Rome and the European University of Rome (UER); Founder and Coordinator of the Research Group in Neurobioethics (GoN); Fellow of the UNESCO Chair in Bioethics and Human Rights; Member of the Neuroethics Society and SINe, Italian Society of Neuroethics. Author of numerous scientific and bioethical papers and book chapters in Neurobioethics. Lives and works in Rome.





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ETHICS COMMITTEE MEMBERS

Dr. Roberta Marzolla, Surgeon Specialist in General Medicine, Family Physician and Palliative Care Practitioner, Hypnotherapist, Master in Science and Faith at Ateneo Pontificio Regina Apostolorum, Rome. Lives and works in Pisa. Coordinator SIPMU SECTION OF HUMANISTIC MEDICINE in Pisa.

Dr. Settimo Catalano, Psychologist, Specialist in Psychotherapy, Specialization in Neo-Hericksonian Psychotherapy, Developmental Age Psychotherapy, Hypnotherapist, Psychosociology of Organization; author of numerous scientific articles and books on psychotherapy, lives and works in Milan. CO-COORDINATOR OF THE LOMBARDA SIPMU 'NEO-ERICKSONIAN PSYCHOTHERAPY SECTION'; lives and works in MILAN.

Dr. Paolo Piccinin, Psychologist, Specialist in Psychotherapy, Jungian Psychotherapy, Clinical Hypnosis, Psychosynthesis and Humanistic Medicine, Ericksonian Psychotherapy, Master in Clinical Hypnosis, Hypnotherapist, lives and works in Pordenone. Coordinator of the SIPMU PORDENONESE section of PSYCHOTHERAPY AND HYPNOTIC COMMUNICATION in Pordenone.









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ETHICS COMMITTEE MEMBERS

- **Dr. Francesca Carandina,** M.D., Surgeon, Specialist in Anesthesia and Resuscitation and Pain Therapy, Master in Clinical Hypnosis, Hypnotherapist, Level 1 Medical Director Anesthesia and Resuscitation, Pieve di Coriano Hospital, MN. Lives and works in Ferrara. Coordinator SIPMU SECTION OF INTEGRATED MEDICINE AND HYPNOSIS IN ALGOLOGY in Ferrara.
- Dr. Giuseppe Barone, Surgeon, Specialist in Nuclear Medicine, Master's degree in Acupuncture and Homeopathy, Hypnotherapist, Technical Consultant of the Court of Bologna, Medical Captain of the Italian Military Red Cross. Lives and works in Bologna. Coordinator SIPMU SECTION OF HUMANISTIC MEDICINE 'ANGELICO BRUGNOLI' in Bologna.
- Dr. Francesco Malvasi, Master's Degree in Psychology, Specialist in Strategic Psychology, Spec. in Clinical Hypnosis and Ericksonian Psychotherapy, Corso Di Alta Formazione In Ipnosi Clinica E Comunicazione Ipnotica Franco Granone Institute C.I.I.C.S. Italian Center for Experimental Clinical Hypnosis. Postgraduate Course in Investigative Psychology and Psychopathology of Criminal Conduct, University of PARMA; attended the following courses: A.I.M.M.F. Section of Bari Juvenile Court of Bari. Study meeting on the theme: Liberi Dentro: Which Penalty For The Juvenile. BARI, May 10, 2018, Department of Law and Political Science. University of BARI "ALDO MORO"; Scuola Superiore Della Magistratura Potenza Territorial Structure Matera Bar Association. Study Meeting: La Protezione Dello Straniero E L'accoglienza Dei Minori Stranieri Non Accompagnati, Court of Matera. Has published books and scientific publications, Lives and works in Matera. SIPMU Matera Section Coordinator of CLINICAL PSYCHOLOGY AND HYPNOTIC PSYCHOTHERAPY.







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ETHICS COMMITTEE MEMBERS

- Lawyer Marianna Brugnoli, Civil Lawyer, Forum of Verona. Lecturer Specialization Course 'State of Insolvency and Management of the Liquidation Procedure', Department of Legal Sciences University of Verona. Lives and works in Verona
- Lawyer. Emanuela Cerasella, Attorney at Law of the Court of Rome, advocate before the Supreme Court of Cassation and other higher jurisdictions; has held by appointment of the Superior Council of the Magistracy the position of Honorary Deputy Prosecutor at the Pretura Circondariale in Rome; has been/is a legal consultant and has collaborated/collaborates with associations, federations and entities of outstanding national importance; obtained a Level II Master's Degree in Clinical Bioethics and Ethical Counseling in Health Care from the Catholic University of the Sacred Heart-Rome; has been an editorial contributor to the magazine "L'Amico del Clero"; has published articles in journals of doctrine, jurisprudence and legislation; has been an invited lecturer in criminal law in courses organized by ANACI; ALREADY an invited lecturer in the Master's Program in Philosophical Counseling and Existential Anthropology at the Faculty of Philosophy of the Regina Apostolorum Pontifical Athenaeum in Rome, in collaboration with IFACE and in agreement with the European University; Has been an invited lecturer at the European University of Rome; collaborates with an intergovernmental network at the European level for the coordination of scientific and technological research in the field of forensic sciences (DigForAsp); collaborates with the Neurobioethics Group at the Pontifical Athenaeum Regina Apostolorum in Rome, coordinating the neuro-law subgroup. Member of the Technical-Scientific Committee CESMA- "Giulio Douhet" Center for Air Force Military Studies. Lives and works in Rome.



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ETHICS COMMITTEE MEMBERS

- Tania Cerasella, Attorney at Law of the Forum of Rome, patrocinante before the Supreme Court of Cassation and other higher jurisdictions; holds a Diploma in Vatican Archivistics from the "Schola Vaticana de Re Palaeographica Diplomatica Archivistica" Civitate Vaticana; holds a Level II Master's Degree in Clinical Bioethics and Ethical Counseling in Health Care from the Catholic University of the Sacred Heart-Rome; has published articles in legal matters; has published a book of fiction "Profumo di Vita (Profumo di Vita (la gioia di donarsi)"- Bastogi editoreis an invited lecturer in the Master of Philosophical Counseling and Existential Anthropology at the Faculty of Philosophy of the Pontifical Athenaeum Regina Apostolorum in Rome, in collaboration with IFACE and in agreement with the European University; has been an invited lecturer at the European University of Rome; collaborates with an intergovernmental network at the European level for the coordination of scientific and technological research in the field of forensic sciences (DigForAsp); she is a member of the Research Group in Neurobioethics (GdN), as well as of the Research Subgroup in Neurolaw - Ateneo Pontificio Regina Apostolorum Rome, UNESCO Chair in Bioethics and Human Rights in Rome. He lives and works in Rome.
- A dear remembrance to our unforgettable Giorgia Salatiello, Professor Emeritus of Philosophy at the Regina Apostolorum Pontifical Athenaeum in Rome, who left us in November 2022, after a serious oncological illness. She also left us her books and philosophical writings, teachings that we will never forget.



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SIPMU SECTIONS: 13 SECTIONS IN 8 REGIONS OF ITALY

PIEMONTE REGION: Approved by the board the new SIPMU PIEMONTESE SECTION IN ALESSANDRIA: coordinator Dr. Fabrizio Grinzato, degrees in: 1) Physiotherapy 2) Exercise Science and. 3) Master's degree in Psychology, Psychotherapist, Hypnotherapist. He lives and works in Alexandria.





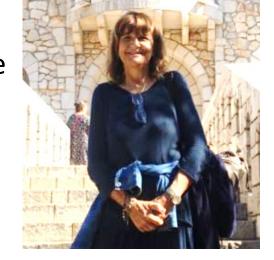
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TUSCANY REGION: HUMANISTIC MEDICINE SECTION Coordinator Dr. Roberta Marzolla, Surgeon, Spec. in General Medicine, Palliative Care, Hypnotherapist, Master's degree in Science and Faith, International SIPMU Trainer recognized by ESH; lives and works in Pisa





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SIPMU SECTIONS VENETO REGION:

1.VERONESE SECTION MODIFIED STATES OF CONSCIOUSNESS AND PSYCHOANTROPOLOGY 'ANGELICO BRUGNOLI' Coordinator Dr. Alessandro Norsa, Psychologist Psychotherapist, Hypnotherapist, Anthropologist, University Lecturer IUSVE, International SIPMU Trainer recognized by ESH; Verona.

2.VERONESE SECTION HYPNOSIS IN ANALGESIA AND HUMANISTIC MEDICINE Coordinator Dr. Maria Paola Brugnoli, Medical Surgeon, Spec. Anesthesia and Resuscitation, Pain Therapy and Palliative Care, SIPMU International Trainer recognized by ESH; Verona, Italy.

3.VENETO SECTION OF CLINICAL HYPNOSIS IN PSYCHOTHERAPY AND TRANSLATIONAL MEDICINE Coordinator Dr. Giovanni Zanette, M.D., Spec. Psychotherapy, Hypnotherapist, International SIPMU Trainer recognized by ESH; Verona and Vicenza.







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SIPMU SECTIONS VENETO REGION:

 4.SECTION OF ANALYTIC PSYCHOTHERAPY AND HERICKSONIAN HYPNOSIS in Rovigo, Coordinator Dr. Giulia Pizzardo, Psychologist Psychotherapist, Hypnotherapist, International SIPMU Trainer recognized by ESH; lives and works in Rovigo.



5.PSYCHOSOMATICS AND HYPNOSIS SECTION of Venice, Coordinator Dr. Chiara Agrosi, Psychologist Psychotherapist, Hypnotherapist, International SIPMU Trainer recognized by ESH; lives and works in Mirano, Venice



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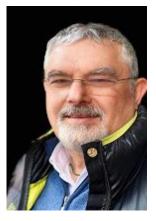
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- HERICKSONIAN PSYCHOTHERAPY
 SECTION OF MILAN CoCOORDINATORS Dr. Andrea Fiorentini,
 Psychologist Psychotherapist,
 Hypnotherapist International SIPMU
 Trainer recognized by ESH; and Dr.
 Settimo Catalano, Psychologist
 Psychotherapist, Hypnotherapist
 International SIPMU Trainer recognized
 by ESH. Milan.
- FRIULI VENEZIA GIULIA REGION:
 PORDENONESE SECTION OF
 PSYCHOTHERAPY AND HYPNOTIC
 COMMUNICATION Coordinator Dr.
 Paolo Piccinin, Psychologist
 Psychotherapist, Hypnotherapist,
 International SIPMU Trainer recognized
 by ESH; Pordenone.









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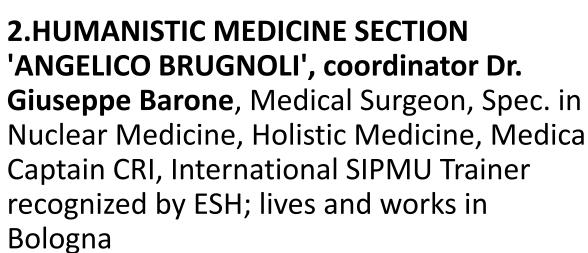


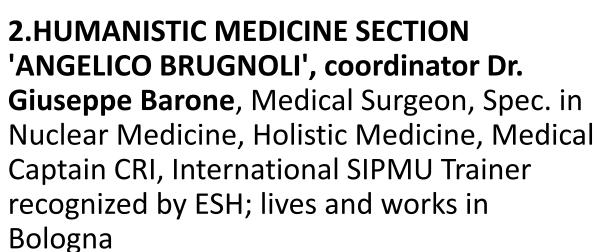
SIPMU SECTIONS

EMILIA-ROMAGNA REGION:

1.SECTION OF INTEGRATED MEDICINE AND **HYPNOSIS IN ALGOLOGY, Coordinator Dr.** Francesca Carandina, Medical Surgeon, Spec. Anesthesia, Intensive Care and Pain Therapy, Hypnotherapist, International SIPMU Trainer recognized by ESH; lives and works in Ferrara







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BASILICATA REGION:

SIPMU Section of Matera OF CLINICAL PSYCHOLOGY AND HYPNOTIC PSYCHOTHERAPY, Coordinator Dr. Francesco Malvasi, Psychologist Psychotherapist, Hypnotherapist, International SIPMU Trainer recognized by ESH; lives and works in Matera

REGION LIGURIA: NEO-ERICKSONIAN HYPNOTIC PSYCHOTHERAPY AND HUMANISTIC MEDICINE SECTION, Coordinator Dr. Giorgia Cichero, Psychologist Psychotherapist, Hypnotherapist, International SIPMU Trainer recognized by ESH; Genoa









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SIPMU HONORARY MEMBERS

SIPMU CONTRIBUTING SCIENTISTS WITH THEIR IMPORTANT SCIENTIFIC OR HUMANISTIC STUDIES

Fr. Prof. Alberto Carrara, Degree and PhD in Philosophy, Neurobioethics and Consciousness Studies writer of essays and philosophical articles on consciousness indexed on PubMed, lecturer Neurobioethics at Department of Philosophy and at UNESCO Chair of Bioethics and Human Rights Ateneo Pontificio Regina Apostolorum, Rome ht

Lawyer Marianna Brugnoli, Civil Lawyer, Foro di Verona. Lecturer Specialization Course 'State of Insolvency and Management of the Liquidation Procedure', Department of Legal Sciences University of Verona. Lives and works in Verona Lawyer.

Emanuela Cerasella, Attorney at Law of the Court of Rome, advocate before the Supreme Court of Cassation and other higher jurisdictions; has held by appointment of the Superior Council of the Magistracy the position of Honorary Deputy Prosecutor at the Pretura Circondariale in Rome; has been/is a legal consultant and has collaborated/collaborates with associations, federations and entities of outstanding national importance; obtained a Level II Master's Degree in Clinical Bioethics and Ethical Counseling in Health Care from the Catholic University of the Sacred Heart-Rome; has been an editorial contributor to the magazine "L'Amico del Clero"; has published articles in journals of doctrine, jurisprudence and legislation; has been an invited lecturer in criminal law in courses organized by ANACI; she is an invited lecturer in the Master in Philosophical Counseling and Existential Anthropology at the Faculty of Philosophy of the Regina Apostolorum Pontifical Athenaeum in Rome, in collaboration with IFACE and in agreement with the European University; has been an invited lecturer at the European University of Rome; collaborates with an intergovernmental network at the European level for the coordination of scientific and technological research in the field of forensic sciences (DigForAsp); collaborates with the Neurobioethics Group at the Pontifical Athenaeum Regina Ápostolorum in Rome, coordinating the neuro-law subgroup. He lives and works in Rome.

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SIPMU HONORARY MEMBERS

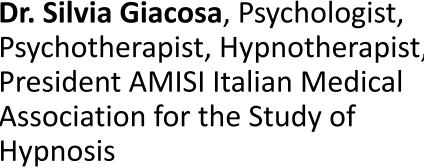
Avv. Tania Cerasella, Attorney at Law of the Forum of Rome, patrocinante before the Supreme Court of Cassation and other higher jurisdictions; holds a Diploma in Vatican Archivistics from the "Schola Vaticana de Re Palaeographica Diplomatica Archivistica" Civitate Vaticana; holds a Level II Master's Degree in Clinical Bioethics and Ethical Counseling in Health Care from the Catholic University of the Sacred Heart-Rome; has published articles in legal matters; published a book of fiction "Profumo di Vita (Profumo di Vita (la gioia di donarsi)"-Bastogi editore- she is an invited lecturer in the Master of Philosophical Counseling and Existential Anthropology at the Faculty of Philosophy of the Pontifical Athenaeum Regina Apostolorum in Rome, in collaboration with IFACE and in agreement with the European University; she has been an invited lecturer at the European University of Rome; collaborates with an intergovernmental network at the European level for the coordination of scientific and technological research in the field of forensic sciences (DigForAsp); she is a member of the Research Group in Neurobioethics (GdN), as well as of the Research Subgroup in Neurolaw - Ateneo Pontificio Regina Apostolorum Rome, UNESCO Chair in Bioethics and Human Rights in Rome. He lives and works in Rome.



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SIPMU HONORARY MEMBERS

Dr. Silvia Giacosa, Psychologist, Psychotherapist, Hypnotherapist, President AMISI Italian Medical Association for the Study of **Hypnosis**







Prof Luisa Zecchinelli and Prof Conservaorio di Musica di Verona; and members Literary Society of Verona

Associazione Concorso Elsa Respighi Verona

LIRICHE DA CAMERA





Societá Scientifica Italiana Ipnosi Clinica in Psicoterapia e Medicina Úmanistica

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Annunziata Lia Lanteri, Professors at



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SIPMU HONORARY MEMBERS

- Prof. Borys Ivnyev, Physician Psychiatrist, Psychotherapist, Hypnotherapist, Rector KMU Kiev Medical University, Kiev, Ukraine
- Dr. Joachim Keppler, Quantum scientist and physicist, Scholar of Philosophy and Consciousness writer of essays and philosophical articles on consciousness indexed on PubMed, Director Society for the Study of Consciousness DIWISS Germany
- Swami Narasimhananda, Ramakrishna Mission Sevashrama, Kozhikode Kozhhikode, Kerala, India. Swami Narasimhananda is a monk of the Ramakrishna Math and Ramakrishna Mission, founded by Swami Vivekananda in 1897, and is currently the secretary of Ramakrishna Mission Sevashrama, Kozhikode, Kerala and runs an upper secondary school. He was editor of Prabuddha Bharata, a monthly English journal of humanities and social sciences founded by Swami Vivekananda in 1896. He edited a volume on Swami Vivekananda's teachings entitled "Vivekananda Reader." He specializes in Indian studies, Indian philosophy, sociology of religion, philosophy of religion and religious studies. You can follow lectures on Hindu philosophy in English at his voutube channel







Newsletter

In Prychatherapy and Medicine ESH SIPMU é una societá costituente di ESH

SIPMU HONORARY MEMBERS

Dr. Anirudh Kumar Satsangi, Psychologist, Psychotherapist, Scholar of Philosophy and Consciousness writer of essays and philosophical articles on consciousness indexed on PubMed, University of Dayalbag, Agra, India

Prof. Siddharth Agarwal, Medical Internist and Palliativist, Scholar of Philosophy and Consciousness writer of essays and philosophical articles on consciousness indexed on PubMed, University of Dayalbag, Agra, India director Siddhart Hospital Agra, India

Prof. Sapna Agarwal, Medical Internist and Anatomo-Pathologist, Scholar of Philosophy and Consciousness writer of philosophical essays and articles on consciousness indexed on PubMed, University of Dayalbag, Agra, India











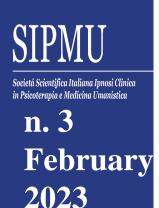


Letter from the Editor Dr. Maria Paola Brugnoli

For a year now, Europe has been living in a time of war.

Never would I have imagined a few months ago to write such a serious letter. Writing a newsletter today, even with scientific content, should not make us forget that our Ukrainian brothers and sisters, are under bombing and dying. It is difficult for us doctors, psychologists and people of science, to figure out how to help them, but I think even just letting them know that we are always there for all of them, is important.

Ukraine has been granted EU candidate status. European Union leaders decided to grant Ukraine and Moldova EU candidate status. "This is a historic moment," said European Council President Charles Michel. "Today marks a crucial step on your path to the EU," he added, congratulating Ukrainian President Volodymyr Zelenskyy and Moldovan President Maia Sandu, as well as the citizens of Ukraine and Moldova.









Letter from the Editor Dr. Maria Paola Brugnoli

European Commission President Ursula von der Leyen said: "At this meeting of the European Council we witnessed the birth of history: The first steps of Ukraine, Moldova and Georgia on the road to our European family. The European Commission will be at your side on this journey." (Ursula von der Leyen)

For this reason, in order to join in helping our Ukrainian brothers and sisters also through science, we invited Prof. Borys Ivnyev, Psychiatrist Physician, Rector of the Faculty of Medicine in Kiev, and member of ISH International Society of Hypnosis and ESH European Society of Hypnosis, to become an Honorary Member of SIPMU. We are very honored and happy that he accepted. In addition, SIPMU with Dr. Maria Paola Brugnoli and Prof. Borys Ivnyev, have started in September 2022, which will last until May 2023, a basic hypnosis course in English language, free of charge of 50, hours for medical and psychologist colleagues from KMU Kiev Medical University, who have joined, and with whom we hope to always continue our scientific collaboration, wishing for peace soon.

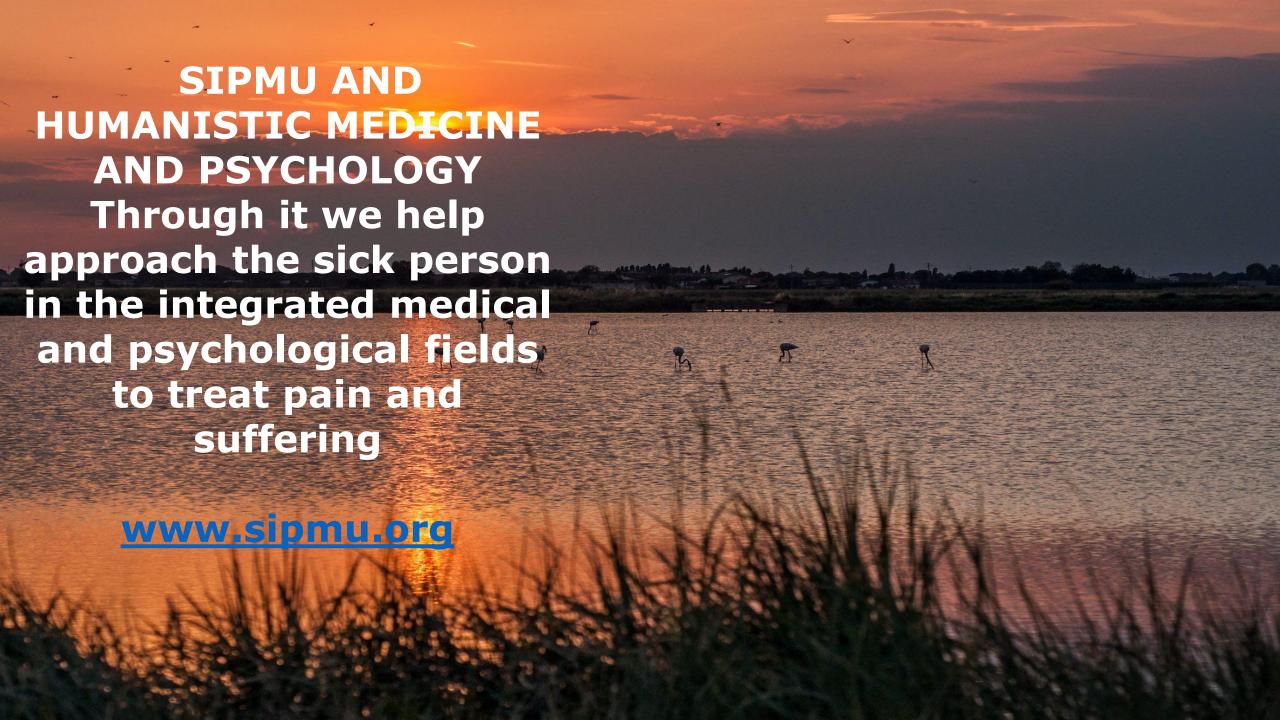


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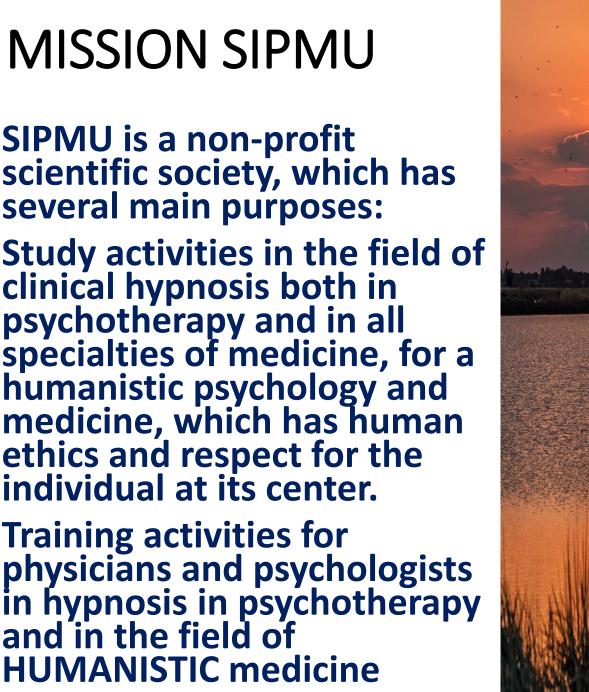
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- SIPMU is a non-profit scientific society, which has several main purposes:
- Study activities in the field of clinical hypnosis both in psychotherapy and in all specialties of medicine, for a humanistic psychology and medicine, which has human ethics and respect for the individual at its center.
- Training activities for physicians and psychologists in hypnosis in psychotherapy and in the field of



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SIPMU Societá Scientifica Italiana Ipnosi Clinica in Psicoterapia e Medicina Umanistica n. 3 February 2023



MISSION SIPMU

SIPMU was recognized in 2020, based on its bylaws (founding act), code of ethics, written by the founding members with many hands, and the resumes of the founding members, as a Constituent Society of the ESH European Society of Hypnosis and as an Accredited Training Society of the ESH, i.e., an Italian scientific society authorized by ESH for the national and international training of physicians and psychologists in clinical hypnosis and hypnotic psychotherapy.





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SIPMU'S CURRENT ACTIVE NATIONAL AND INTERNATIONAL COLLABORATIONS

SIPMU Societá Scientifica Italiana Ipnosi Clinica

Societá Scientifica Italiana Ipnosi Clinica in Psicoterapia e Medicina Umanistica

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- AMISI Italian Medical Association for the Study of Hypnosis, Milan
- Italy Research Group in Neurobioethics at Department of Philosophy and at UNESCO Chair of Bioethics and Human Rights Ateneo Pontificio Regina Apostolorum, Rome
- ESH European Society of Hypnosis Affiliation: SIPMU has been recognized by ESH as a constituent society of ESH and as a training society- international hypnosis raining society.



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SIPMU é una societá

SIPMU'S CURRENT ACTIVE NATIONAL AND INTERNATIONAL COLLABORATIONS

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Kyiv Medical University, KMU:

In 2022 and will continue in 2023, Dr. Maria Paola Brugnoli has started an active online collaboration, with The Kyiv Medical University, KMU to help free training of Ukrainian physicians and psychologists, in this severe time of war. In collaboration with Professor Borys Ivynev, medical Psychiatrist and Hypnotherapist, Rector of KMU Kyiv Medical University and Vice-President of the UAPP Ukrainian Association of Psychotherapists and Psychoanalysts (Head of Department of Hypnotherapy) a constituent society of ESH, they have initiated in cooperation with SIPMU, in the person of Dr. Brugnoli, a 50-hour, one-year, free basic course in English for Ukrainian medical and psychologist colleagues. This course not only meets the criteria of our SIPMU goal of humanistic medicine and training both domestically and internationally, but is very important from a humanitarian point of view to support Ukrainian colleagues in war. SIPMU, once the war is over, and hopefully soon, will continue its collabóration with The Medical University of Kiev. The course has been recognized by the ESH president and board and Ukrainian colleagues, at the end of the course will have an internationally recognized hypnosis diploma issued by SIPMU, in collaboration with KMU, UAPP and ESH. SIPMU is very happy and honored to continue the active collaboration with KMU even at the end of the course

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SIPMU and humanistic psychology

Nature, too, in many of its manifestations, even the least followed and observed, offers you the heart of the new man, his great heart, born of millennia of continuous evolution. It is necessary to recognize it, to accompany it in time,

The new man is not a being who appears, but a being with a big heart, of great patience, availability,
Inwardnessand

of great understanding of his fellow man.

He knows that he does not know.

follow it, desire it and love it.

(Angelico Brugnoli, 2014)





In Psychotherapy and Participe ESH SIPMU é una societá costituente di ESH

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All SIPMU section coordinators are invited to create socials of their SIPMU section, as they like: linkedin, facebook, youtube, instagram, researchgate, academia or others, where they can post their possible scientific papers and books, scientific journal, and newsletter of SIPMU, so as to give it the highest visibility. If we want to grow to teach hypnosis in accordance with international ethical standards, we need to make ourselves known.

Coordinators are also invited to organize meetings and/or trainings in both hypnosis and humanistic medicine and psychology at local venues.

The board and the organizing secretary, upon request of the coordinators, will help organize the meetings. With its training project, SIPMU wants to promote clinical hypnosis and the study of humanistic medicine and psychology based on the highest scientific criteria. Online and in-person meetings with all members, the board, coordinators and committees will be promoted by the board so as to increase members' personal knowledge and mutual cooperation.

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Meetings possibly in presence will be promoted by the board, also to develop studies not only of clinical hypnosis, but also of humanistic medicine, in collaboration with other scholars both national and international, who are already among the honorary members, or who will be proposed by the members; it is hoped that these meetings may also be in collaboration with other scientific societies and universities in the national and international territory. All SIPMU members are warmly invited to collaborate as speakers in educational training projects as far as their expertise is concerned. The scientific committee, the ethics committee and the organizing secretariat will be invited to collaborate in the planning and organization of training events within their competence. The organizing secretariat will keep all members informed by email, of SIPMU news and events, including in the different regional offices, and will promote SIPMU events and publications on social media; it will also help the board in organizing training events. Initiatives will be promoted with other scientific societies and universities, of collaboration in psychology, medicine and humanities. Short feedback questionnaires will be sent to members, to promote new ideas and initiatives. Both online and in-person meetings will be convened



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 The secretariat becomes the 'organizing secretariat' and will be formed possibly by 5 or more people, so that it can actively collaborate with the board, coordinators and committees, for the promotion of SIPMU training events on the national territory and the collaboration of all members who are pleased to actively participate in the initiatives.



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in Psychotherapy and Participa ESH

SIPMU PROJECTS TRIENNIUM 2023-2025

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EDUCATIONAL/TRAINING PROJECTS 2023-2025:

these projects may be proposed by the president, board, committees, section coordinators and all members, and approved by the board; projects organized by the board are in collaboration with the scientific committee and the organizing secretariat, which will consist of a team of several people for:

Organizing courses/symposia of one or more days, of clinical hypnosis, including in-depth single-topic, CME-accredited for physicians and psychologists, so as to promote hypnosis and the work of SIPMU in the different regions of Italy. Organization of one-day courses or symposia on humanistic medicine and psychology, with CME, open to all health professions, so as to promote humanistic medicine and psychology and the work of SIPMU in the different regions of Italy.

Section coordinators are welcome to propose to the board and organize these courses and symposia in their regions.

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None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful.

— Mother Teresa —

WWW.SIPMU.ORG





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And finally, notes from President Maria Paola Brugnoli, thanking everyone:

- When it comes to teamwork, there is nothing more effective than collaboration.
- After all: teamwork makes dreams come true.
- There are those who want something to happen, those who want it to happen, and those who work to make it happen: let us all grow together, collaborating in SIPMU. Have the courage to follow your heart and intuition with new proposals. Somehow, your heart and intuition already know how we can grow together, through science and humanistic medicine and psychology.
- Thank you!



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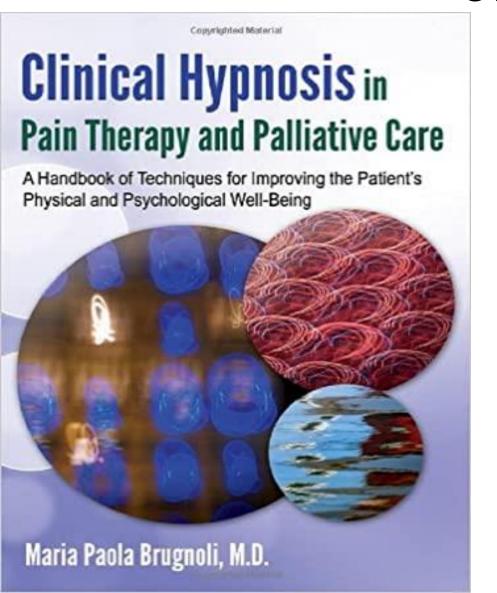




And last but not least, thank you from the bottom of my heart to all SIPMU members of all ranks, who support SIPMU not only with their valuable membership fees, but every day with new ideas, projects and sharing. Thank you! All together we can really build a lot for the good of the suffering



WE RECALL BELOW JUST A FEW OF THE MANY BOOKS AND SCIENTIFIC ARTICLES PUBLISHED BY SIPMU MEMBERS-SOME BOOKS ARE IN ITALIAN, OTHERS IN ENGLISH



CLINICAL HYPNOSIS IN PAIN THERAPY
AND PALLIATIVE CARE: A Handbook of
Techniques for Improving the Patient's Physical and
Psychological Well-Being

By Maria Paola Brugnoli MD, PhD

- •Published 2014, 400 pp., 7 x 10
- •Charles C. Thomas Publisher, IL, USA.

https://www.ccthomas.com/details.cfm?P_ISBN13=9780398087661

Indexed on PubMed http://www.ncbi.nlm.nih.gov/nlmcatalog/101 610051

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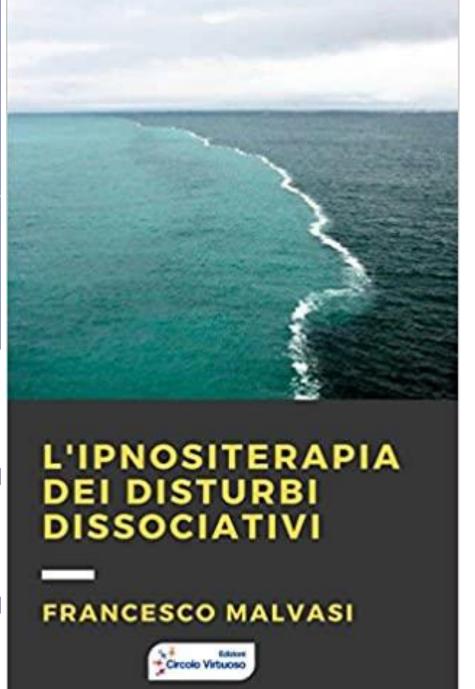


LIBRI PUBBLICATI

SIPMU

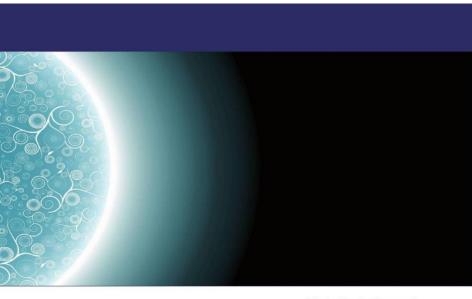
Societá Scientifica Italiana Ipnosi Clinica in Psicoterapia e Medicina Umanistica





Hypnotherapy of dissociative disorders **Dr. Francesco** Malvasi, Psychologist Specialist in Hypnosophicoriented **Psychotherapy** Italian

The Modified states of Consciousness review and neuroscientific classification



Maria Paola Brugnoli Angelico Brugnoli Luca Recchia

A New Classification of the Modified States of Consciousness

A peer-reviewed, referenced resource



A New Classification of the Modified States of Consciousness

A peer-reviewed, referenced resource LAP Lambert Academic Publishing (in Inglese)

(2016-03-09)

https://www.lap-

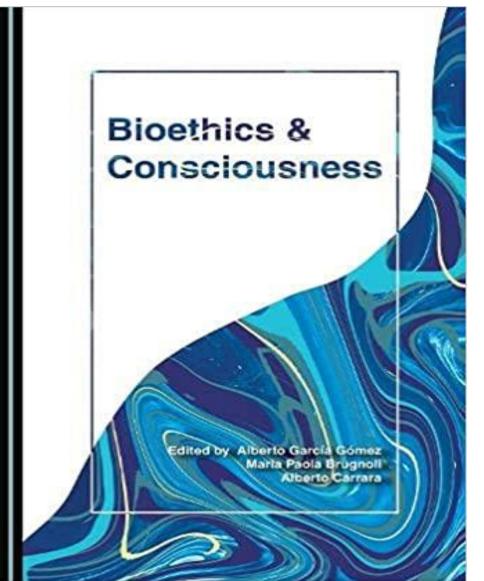
publishing.com/catalog/details/store/pt/book/978-3-659-85683-9/a-new-classification-of-the-modified-states-of-consciousness?search=modified%20states%20of%20consciousness

by Maria Paola Brugnoli Angelico Brugnoli Luca Recchia

Bioethics and Consciousness vol.1

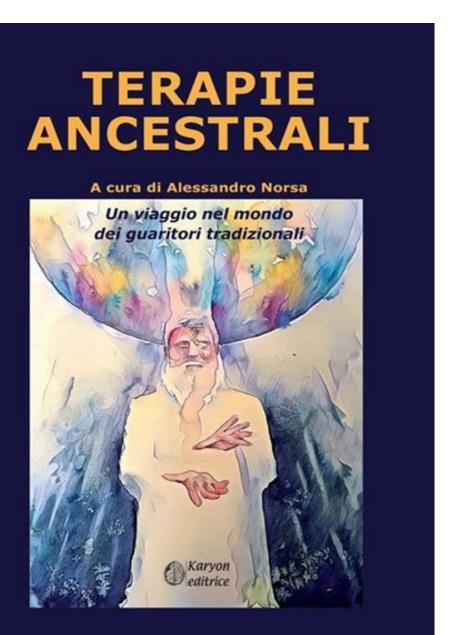
by Alberto Garcia Gomez, Maria Paola Brugnoli, Alberto Carrara, Giorgia Salatiello,

Joachim Keppler



The study of consciousness and its psychological and neuroscientific correlates is of great importance to all scientists and clinicians today. However, only a multidisciplinary study can help us understand the ultimate reality of consciousness. This book not only reviews the neuroscientific and psychological foundations and phenomena of consciousness, awareness, self-awareness and neurobioethics, but also provides a new interdisciplinary model of current scientific studies and définitions of consciousness. As such, it offers a multidisciplinary bridge between brain, mind, philosophy, introspective self-awareness, human identity and free will.

Terapie ancestrali, di Alessandro Norsa (Italian)



TERAPIE ANCESTRALI: VIAGGIO NEL MONDO DEI GUARITORI TRADIZIONALI

- Venti ricercatori di diversa provenienza culturale e geografica investigano direttamente sul campo sulle tradizioni di guarigione ancestrale coinvolgendo i locali medicine men.
- Uno studio appassionante e ricco di dettagli risultato di una ricerca coordinata da Alessandro Norsa e realizzata da una decina di ricercatori universitari antropologi di lingua e cultura indigena (tra cui Bangladesh, Perù, Messico, Paesi islamici, Spagna, Cuba e Georgia) ed arricchita da differenti punti di osservazione quali il figlio di un guaritore africano, uno sciamano nepalese, una guaritrice sarda, un adepto brasiliano di tradizione umbanda, un medico messicano, una mediatrice culturale e una turista italiana ma anche migranti nigeriani e lituani.
- Tanti approcci diversi che si intersecano e si arricchiscono vicendevolmente portando alla luce quelle tradizioni di cura ancestrale sulla via dell'oblio, svelandone ricchezze e segreti ignoti fino ad ora alla cultura occidentale.

Maschere divine, di Alessandro Norsa (Italian)



A CURA DI ALESSANDRO NORSA

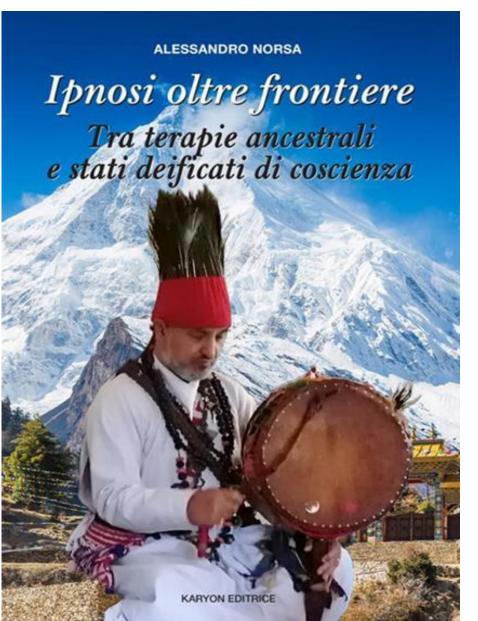


Maschere divine.

- Dietro le maschere tradizionali si nasconde il lungo viaggio dei riti, un ininterrotto rapporto del contatto con le divinità protettrici invocate per garantire la sussistenza della comunità.
- Le prime tracce della produzione della maschera portano da un pensiero magico-simbolico in cui rappresentativi volti stilizzati divenivano un utile tramite con un ricco mondo spirituale. In queste pagine si offre al lettore una chiave interpretativa per accedere alla conoscenza delle maschere ancestrali ed il loro rapporto tra divinità, spiriti e gli antichissimi riti esorcistici o propiziatori:
- evocazioni di un anelito di fede e speranza che, a partire dagli albori dell'umanità, si è protratto fino ai nostri giorni.



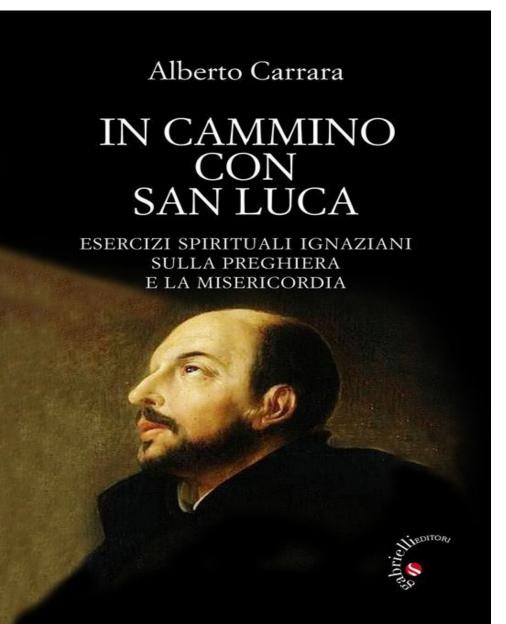
Ipnosi oltre frontiere, di Alessandro Norsa (Italian)



IPNOSI OLTRE FRONTIERE: TRA TERAPIE ANCESTRALI E STATI DEIFICATI DI COSCIENZA

- L'uso dell'ipnosi per il trattamento dei problemi e delle sofferenze umane è probabilmente antico quanto la storia dei tentativi dell'uomo di curare i sofferenti. Sebbene con forme e nomi diversi, l'ipnosi era nota anche nelle più antiche popolazioni primitive, che la usavano a scopo non soltanto terapeutico ma anche divinatorio: i fenomeni dell'ipnosi erano letti come dono o potenza del divino e applicati alle situazioni più disparate tramite il profeta, o lo sciamano, o il medico o il sacerdote.
- Come già sottolineato da Katalin Varga Direttore del Dipartimento di Psicologia della Eötvös Loránd University di Budapest al Convegno Hypnosis New Generation del 2019, le ricerche avviate da Alessandro Norsa in ambito ipnologico su questa tematica "hanno aperto un nuovo filone di ricerca".
- Il presente volume è una innovativa indagine di studio di questi metodi che, partendo dalle origini della cultura occidentale, si estende alle altre aree del mondo in cui ancora oggi sono praticati conservando tutta il fascino e la potenza della cultura delle origini.

In cammino con San Luca, di Alberto Carrara (Italian)



- Le meditazioni e gli esercizi spirituali Ignaziani
- Padre Alberto Carrara, Filosofo, Neurobioeticista PhD in Filosofia, presso Cattedra UNESCO di Bioetica e Diritti Umani, Ateneo Pontificio Regina Apostolorum, Roma
- Gabrielli Editori

Neurobioetica e Transumanismo di Alberto Carrara (Italian)

a cura di Alberto Carrara



Il "trapianto di testa" sotto accusa: lettura interdisciplinare dell'anastomosi cefalo-somatica nell'essere umano

- Il transumanismo studiato dalla Neurobioetica
- Padre Alberto Carrara, Filosofo, Neurobioeticista PhD in Filosofia, presso Cattedra UNESCO di Bioetica e Diritti Umani, Ateneo Pontificio Regina Apostolorum, Roma

Editori Riuniti, University Press

L' emergentismo composizionale o nidificato di Walter Glannon quale paradigma antropologico nella riflessione neuroetica contemporanea (Italian)

TESI DOTTORATO

FILOSOFIA

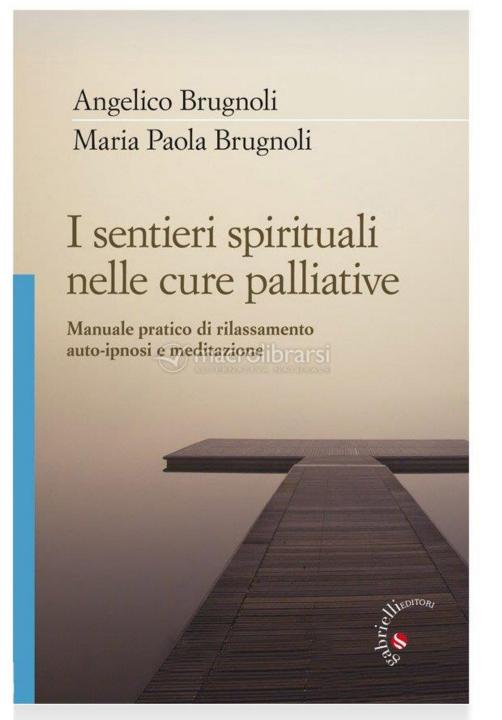
Alberto Carrara, L.C.

L'emergentismo composizionale o nidificato di Walter Glannon quale paradigma antropologico nella riflessione neuroetica contemporanea

> Dissertatio ad Doctoratum in Facultate Philosophiæ Pontificii Athenæi Regina Apostolorum



- Di Alberto Carrara
- Padre Alberto Carrara, Filosofo, Neurobioeticista PhD in Filosofia, presso Cattedra UNESCO di Bioetica e Diritti Umani, Ateneo Pontificio Regina Apostolorum, Roma
- Ed. Ateneo Pontificio Regina Apostolorum



I Sentieri Spirituali nelle
Cure Palliative — Libro
Manuale pratico di
rilassamento auto-ipnosi
e meditazione

Autore: Maria Paola

Brugnoli, Angelico

Brugnoli

Editore: Gabrielli Editori

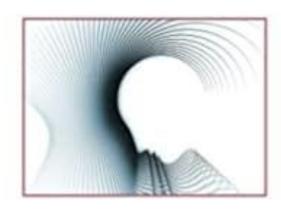
Libro - Pag 320 - Gennaio

STUDIO

TECNICHE DI MENTAL TRAINING NELLO SPORT

VINCERE LA TENSIONE, AUMENTARE LA CONCENTRAZIONE E LA PERFORMANCE AGONISTICA

Maria Paola Brugnoli





Tecniche di Mental
Training nello Sport —
Libro Vincere la
tensione, aumentare la
concentrazione e la
performance agonistica

Autore: Maria Paola

<u>Brugnoli</u>

Editore: Red Studio

Libro - Pag 159 -

Ottobre 2005 (Italian)

Le tecniche di allenamento mentale per vincere la tensione nella gara

Mental Training nello **Sport**

MARIA PAOLA BRUGNOLI





Mental Training nello Sport — Libro, versione manuale breve

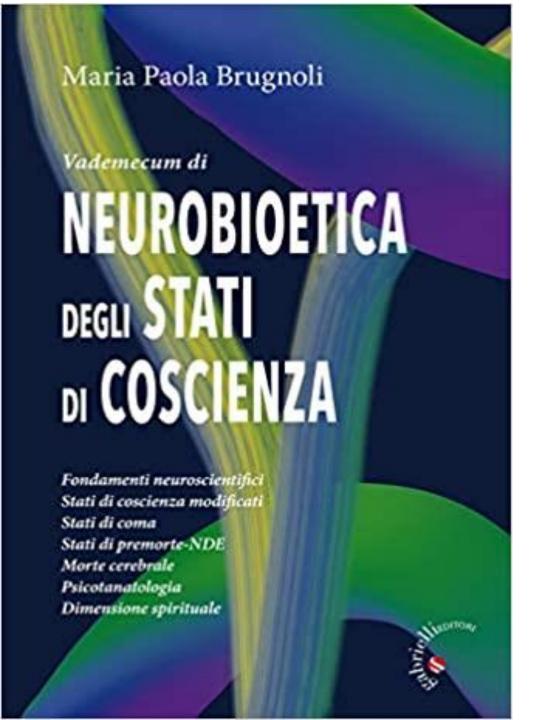
Le tecniche di allenamento mentale per vincere la tensione della gara

Autore: Maria Paola

Brugnoli

Editore: Red Edizioni

Libro - Pag 127 - Giugno



Vademecum di neurobioetica degli stati di coscienza. Fondamenti neuroscientifici, stati di coscienza modificati, stati di coma, stati di premorte-NDE, psicotanatologia, dimensione spirituale Copertina flessibile – 12 dicembre 2019 di Maria Paola Brugnoli (Autore) Gabrielli Editori (Italian)

Maria Paola Brugnoli Giorgia Salatiello

AUTOCOSCIENZA

Fondamenti Neuroscientifici, Psicologici, Filosofici, Teologici e Spirituali Autocoscienza. Fondamenti neuroscientifici, psicologici, filosofici, teologici e spirituali Copertina flessibile – 11 maggio 2020 di Maria Paola Brugnoli (Autore), Giorgia Salatiello (Autore)

Gabrielli Editori (Italian)



Maria Paola Brugnoli Giorgia Salatiello

LA COSCIENZA Negli stati introspettivi e meditativi

Aspetti Neuroscientifici, Psicologici, Filosofici, Clinici e Spirituali

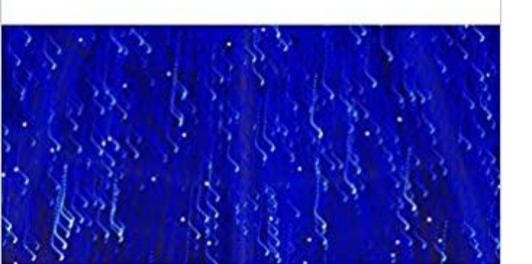
La coscienza negli stati introspettivi e meditativi. Aspetti neuroscientifici, psicologici, filosofici, clinici e spirituali Copertina flessibile -15 giugno 2021 di Maria Paola Brugnoli (Autore), Giorgia Salatiello (Autore) GABRIELLI EDITORI (Italian)



Maria Paola Brugnoli Marco Brugnoli

Art, Mindfulness and Self-Hypnosis in Psychosocial Oncology

The way of Inner Consciousness



Art, mindfulness and self-hypnosis in psychosocial oncology. The way of inner consciousness Copertina flessibile – 20 maggio 2016

English

Maria Paola Brugnoli (Autore),

Marco Brugnoli (Autore)

Editore: Officina Grafica (20 maggio 2016)

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Arte e autocoscienza nel ciclo della vita Copertina flessibile – 18 novembre 2019 (Italian)

di <u>Marco Brugnoli</u> (Autore), <u>Maria Paola Brugnoli</u> (Autore)

Editore: Youcanprint (18

novembre 2019)

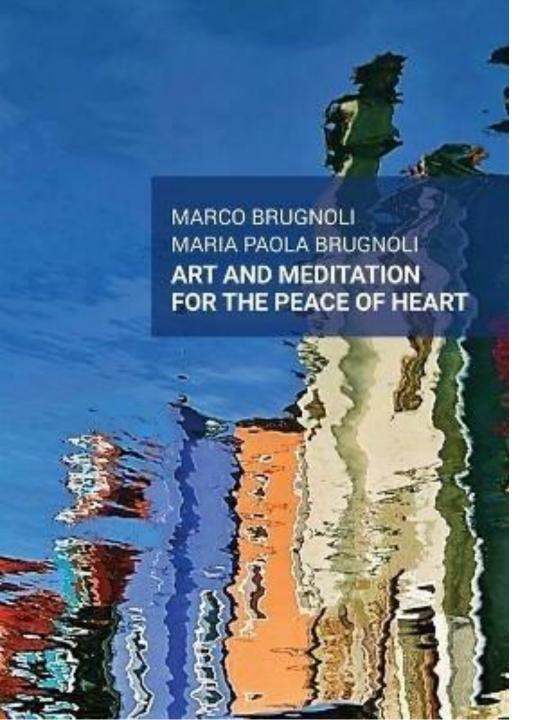
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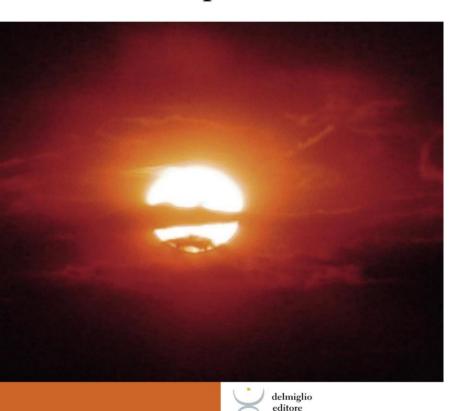
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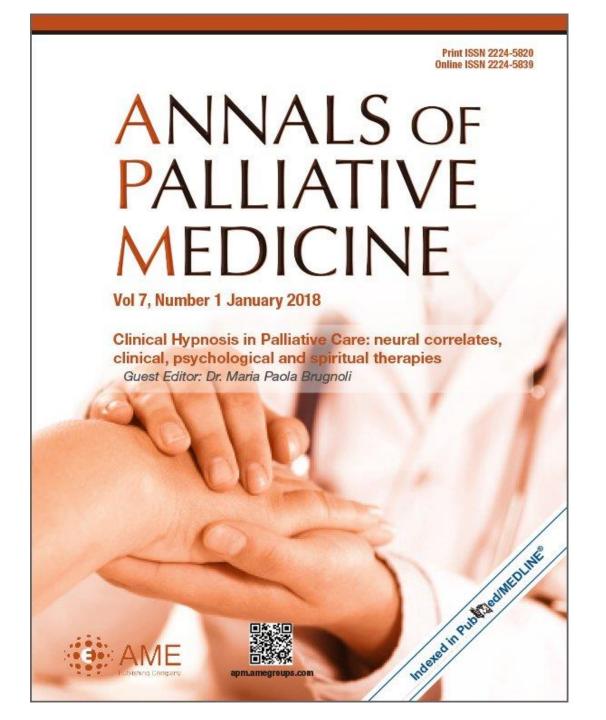
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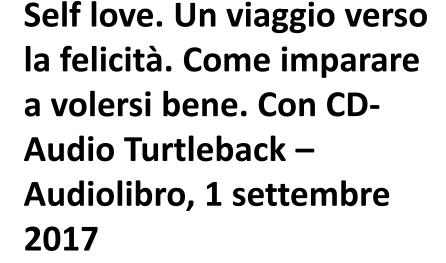


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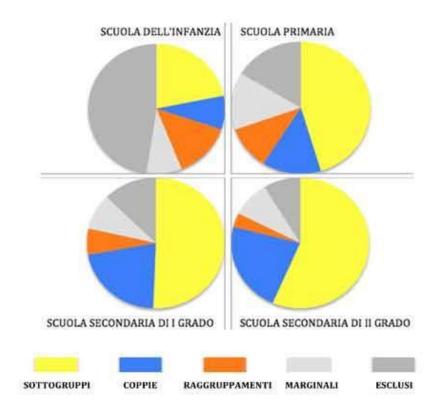
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